



Where to find reputable resources

It's critical to consult trusted resources in the exploration of help for your senior parent. In the process, you will likely be spending a lot of time on the internet. As anyone who's ever searched the web probably knows, some sites are more reliable than others. Here are a few things to keep in mind as you research:

- Visit only sites with well-written content and no misspellings or grammatical errors, sharp and attractively displayed graphics, working links, and easy, well-organized navigation.
- Look for an "About Us" or "Who We Are" page that is anchored in solid company history, experience and mission.
- Beware of requests for credit card or financial information.
- Avoid sites that seem pushy or biased, cornering you into one choice only—theirs.
- Don't be swayed by offers or testimonials that seem "too good to be true." These tactics can be a sign of exaggeration or, worse, a scam.

Here are some reliable local and national organizations you may wish to investigate. These comprehensive websites include several subsidiary resources and relevant phone numbers as well.

Illinois organizations

[Alzheimer's Association Chapters in Illinois](#)

[Area Agencies on Aging](#)

[City of Chicago Senior Services](#)

National organizations

[AARP](#)

[Administration for Community Living](#)

[Alzheimer's Association](#)

[HELPGUIDE Senior Housing](#)

[Leading Age](#)

[National Council on Aging](#)

Part IV of this series, “How to Find a Supportive Environment That Satisfies Everyone,” will examine quality of life in two principal situations: remaining in one’s home and moving into a senior living community.

The Merion is a luxury senior living rental community located in the heart of Evanston, steps away from Northwestern University and the beaches of Lake Michigan. An independent living community with exceptional activities, dining and programming experiences, The Merion boasts an on-site Wellness Center operating 24/7. The Merion’s unique partnership with nearby Symphony of Evanston, which offers rehabilitation, assures that residents can be cared for, when and if their health needs change, within close proximity of their apartment. The Merion is the Preferred Senior Living Community of Northwestern University Athletics.



For additional information, visit
www.MerionEvanston.com or
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