

SUNDAY MONDAY TUESDAY WEDNESDAY THURSDAY FRIDAY SATURDAY



6
 9:00 ■ Meditation & QiGong Workout DVD
 11:00 ■ Early Morning Movie: The Wolf Man
 1:30 ■ Balance Booster Fitness DVD
 2:30 ■ Merion Matinee: Studs Logan
 5:00 ■ Shiva Rea: Meditation DVD
 7:00 ■ Music Institute of Chicago w/ Dr. Soo Lee
 7:30 ■ Sunday Night Movie: Frankenstein Meets the Wolf Man

13
 9:00 ■ Meditation & QiGong Workout DVD
 11:00 ■ Early Morning Movie: Secret Agent
 1:30 ■ Balance Booster Fitness DVD
 2:30 ■ Merion Matinee: The Terror
 5:00 ■ Shiva Rea: Meditation DVD
 7:30 ■ Sunday Night Movie: House of Frankenstein

20
 9:00 ■ Meditation & QiGong Workout DVD
 11:00 ■ Early Morning Movie: She-Wolf of London
 1:30 ■ Balance Booster Fitness DVD
 2:30 ■ Music Discovery w/ Dan Healy Presents: Mary Lou Williams
 3:30 ■ Merion Matinee: The Wild Ride
 5:00 ■ Shiva Rea: Meditation DVD
 7:00 ■ Music Institute of Chicago w/ Dr. Soo Lee
 7:30 ■ Sunday Night Movie: Werewolf of London

27
 9:00 ■ Meditation & QiGong Workout DVD
 11:00 ■ Early Morning Movie: The Lady Vanishes
 1:30 ■ Balance Booster Fitness DVD
 2:30 ■ Merion Matinee: Little Shop of Horrors
 5:00 ■ Shiva Rea: Meditation DVD
 7:30 ■ Sunday Night Movie: Abbott & Costello Meet Frankenstein

1
 9:15 ■ Integrated Movement/ Mind & Body w/ Barbara
 11:00 ■ Merion Field Trip: Botanic Garden Walking Trip
 12:30 ■ PRIME / The Vernon Johns Story
 1:00 ■ Mahjong @ The Merion
 1:00 ■ Symbria Wellness: Aqua ABC'S (Abs, Back & Core)
 2:30 ■ Symbria Wellness: Fitness Fusion
 4:00 ■ Happy Hour & Live Music w/ Kurt & Deane
 7:30 ■ Tuesday Night Movie: Field of Dreams
 8:00 ■ 2024 Vice Presidential Debate Viewing

7
 9:00 ■ Symbria Wellness: Aqua Flow
 10:30 ■ Redefining Strength w/ Nichola
 1:00 ■ Current Events w/ Howard Voeks
 1:00 ■ Merion Bridge Club
 1:30 ■ Symbria Wellness: Stretch & Flex
 2:30 ■ Canvas Creations w/ Charlotta
 4:00 ■ Happy Hour @ The Merion
 7:30 ■ Strings & Conversations w/ Jaime & Sandro
 7:30 ■ Monday Night Movie: BIRDS

14 COLUMBUS DAY
 9:00 ■ Symbria Wellness: Aqua Flow
 10:30 ■ Redefining Strength w/ Nichola
 1:00 ■ Douglas Asbury Presents Columbus / Indigenous Peoples' Day
 1:00 ■ Merion Bridge Club
 1:30 ■ Symbria Wellness: Stretch & Flex
 4:00 ■ Happy Hour @ The Merion
 7:30 ■ Monday Night Movie: VERTIGO

21
 9:00 ■ Symbria Wellness: Aqua Flow
 10:30 ■ Redefining Strength w/ Nichola
 1:00 ■ Current Events w/ Howard Voeks
 1:00 ■ Merion Bridge Club
 1:30 ■ Symbria Wellness: Stretch & Flex
 2:30 ■ Canvas Creations w/ Charlotta
 4:00 ■ Happy Hour @ The Merion
 7:30 ■ Monday Night Movie: PSYCHO

28
 9:00 ■ Symbria Wellness: Aqua Flow
 10:30 ■ Redefining Strength w/ Nichola
 1:00 ■ Poetry Corner @ The Merion with Greg S. & Irene E.
 1:00 ■ Merion Bridge Club
 1:30 ■ Symbria Wellness: Stretch & Flex
 4:00 ■ Happy Hour @ The Merion
 7:30 ■ Monday Night Movie: REAR WINDOW

2 ROSH HASHANAH
 9:30 ■ Gentle Yoga w/ Leigh
 12:00 ■ PEACOCK/ FIGHT NIGHT Season One/ Episode 1
 1:00 ■ Canasta Club @ The Merion
 5:00 ■ High Holiday Services / Rosh Hashanah w/ Rabbi Barry Axler
 7:00 ■ Scrabble Group @ The Merion
 7:30 ■ Wednesday Night Movie: GOLDA

9
 9:30 ■ Gentle Yoga w/ Leigh
 11:00 ■ Merion Roundtable Discussion w/ Doug Asbury
 12:00 ■ Afternoon Movie: Murder on the Orient Express
 1:00 ■ Fit & Functioning w/ Johnny
 1:00 ■ Canasta Club @ The Merion
 3:00 ■ Open Forum @ The Merion
 4:00 ■ Happy Hour & Live Music w/ Jerry Tiberi Trio
 7:00 ■ Scrabble Group @ The Merion
 7:30 ■ Wednesday Night Movie: Martian Child

16 SUKKOT
 9:30 ■ Gentle Yoga w/ Leigh
 12:00 ■ PEACOCK/ FIGHT NIGHT Season One/ Episode 2
 1:00 ■ Fit & Functioning w/ Johnny
 1:00 ■ Canasta Club @ The Merion
 4:00 ■ Happy Hour & Live Music w/ Jerry Tiberi Trio
 7:00 ■ Scrabble Group @ The Merion
 7:30 ■ Wednesday Night Movie: Fiddler on the Roof

23
 9:30 ■ Gentle Yoga w/ Leigh
 11:00 ■ Merion Roundtable Discussion w/ Doug Asbury
 12:00 ■ PEACOCK/ FIGHT NIGHT Season One / Episode 3
 1:00 ■ Canasta Club @ The Merion
 1:00 ■ Fit & Functioning w/ Johnny
 3:00 ■ Open Forum @ The Merion
 4:00 ■ Happy Hour @ The Merion
 7:00 ■ Scrabble Group @ The Merion
 7:30 ■ Wednesday Night Movie: Black Adam

30
 9:30 ■ Gentle Yoga w/ Leigh
 12:00 ■ PEACOCK/ FIGHT NIGHT Season One / Episode 4
 1:00 ■ Canasta Club @ The Merion
 1:00 ■ Fit & Functioning w/ Johnny
 3:00 ■ Tingly Tales w/ Margaret Burk
 4:00 ■ Resident October Birthday Celebration
 4:00 ■ Happy Hour & Live Music w/ Jerry Tiberi Trio
 7:00 ■ Scrabble Group @ The Merion
 7:30 ■ Wednesday Night Movie: UNDERWORLD

3 ROSH HASHANAH
 9:30 ■ Balance Booster Fitness
 11:00 ■ Jane Fonda Walkout Fitness DVD
 12:30 ■ NETFLIX/ IRENA'S VOW
 1:00 ■ Merion Bridge Club
 2:00 ■ Tasty Thursdays @ The Merion
 4:00 ■ Happy Hour @ The Merion
 7:30 ■ Thursday Night Movie: SPIRAL

10
 9:00 ■ Concierge Home Care: Podiatrist Clinic
 9:30 ■ Personalized Fitness w/ Mike McGinn
 11:00 ■ BeMoved Dance w/ Heidi
 12:30 ■ Afternoon Movie: The Man Who Knew Too Much
 1:00 ■ Merion Bridge Club
 2:00 ■ Tasty Thursdays @ The Merion
 3:00 ■ The Evolution of a Novel w/ G. Singleton
 4:00 ■ Happy Hour & Live Music w/ S. Aaron
 7:30 ■ Thursday Night Movie: Pirates of the Caribbean

17
 9:00 ■ Merion Men's Club Meet Up
 11:00 ■ BeMoved Dance w/ Heidi
 1:00 ■ Merion Bridge Club
 1:00 ■ Merion Book Club Meet Up
 2:00 ■ Tasty Thursdays @ The Merion
 2:00 ■ Mindful Movement & Breathe w/ Barbara
 4:00 ■ Happy Hour @ The Merion
 7:30 ■ Thursday Night Movie: The Mask of Zorro

24
 9:30 ■ Personalized Fitness @ The Merion
 11:00 ■ BeMoved Dance w/ Heidi
 12:30 ■ NETFLIX/ LIFT
 1:00 ■ Merion Bridge Club
 2:00 ■ Tasty Thursdays @ The Merion
 3:00 ■ The Evolution of a Novel w/ Greg S.
 4:00 ■ Happy Hour & Live Music w/ S. Aaron
 7:30 ■ Thursday Movie: The Witches of Eastwick

31 HALLOWEEN
 11:00 ■ BeMoved Dance w/ Heidi
 12:30 ■ NETFLIX/ The Deliverance
 1:00 ■ Merion Bridge Club
 3:00 ■ Resident Spooktacular Costume Contest
 3:45 ■ Resident Spooktacular Contest Parade
 4:00 ■ Halloween Happy Hour w/ Ameerah T.
 4:30 ■ Merion Management Monster Mash Parade
 4:45 ■ Staff Pumkin Carving Contest Results
 5:00 ■ Resident Spooktacular Contest Results
 7:30 ■ Thursday Night Movie: It's The Great Pumpkin Charlie Brown
 8:00 ■ Thursday Movie: HALLOWEEN (1978)

4 ROSH HASHANAH
 10:00 ■ Jane Fonda Walkout Fitness DVD
 10:00 ■ Symbria: Balance Booster
 12:30 ■ APPLE TV / Presumed Innocent Season One / Episode 4
 1:00 ■ The Hand & Foot Card Game
 4:00 ■ Happy Hour @ The Merion
 7:30 ■ Friday Night Movie: GHOST

11 YOM KIPPUR
 10:00 ■ Jane Fonda Walkout Fitness DVD
 10:00 ■ Symbria: Balance Booster
 11:30 ■ Short Story Discussion @ The Merion "Prosper Merimee" w/ Mary E. Mickel
 12:30 ■ Afternoon Movie: LOVE
 5:30 ■ High Holiday Services/ Kol Nidre w/ Rabbi Barry Axler
 7:30 ■ Friday Night Movie: One Life

18
 10:00 ■ Aqua Aerobics w/ Nichola
 10:00 ■ Symbria: Balance Booster
 12:30 ■ APPLE TV / Presumed Innocent Season One / Episode 5
 1:00 ■ The Hand & Foot Card Game
 3:00 ■ Musical Lectures w/ S. Kleiman "Mussorgsky / Ravel"
 4:00 ■ Happy Hour @ The Merion
 4:30 ■ Kabbalat Shabbat w/ Rabbi Klein
 7:30 ■ Friday Night Movie: The Rocky Horror Picture Show

25
 10:00 ■ Aqua Aerobics w/ Nichola
 10:00 ■ Symbria: Balance Booster
 11:30 ■ Short Story Discussion Group @ The Merion "A Good Day for Bananafish" w/ Toni Rey
 12:30 ■ APPLE TV / Presumed Innocent Season One / Episode 6
 2:30 ■ Musical Lectures w/ S. Kleiman "Johann Sebastian Bach"
 4:00 ■ Happy Hour & Live Music w/ Ameerah Tatum
 4:30 ■ Kabbalat Shabbat w/ Rabbi Klein
 7:30 ■ Friday Night Movie: The Silence of the Lambs

■ Arts & Culture
 ■ Health & Fitness
 ■ Life Long Learning
 ■ Music
 ■ Social Activities
 ■ Spiritual Wellness

5
 10-12 ■ Billiards @ The Merion
 11:00 ■ Bingo & Prizes w/ Mary
 11:00 ■ Balance Booster Fitness DVD
 12:30 ■ NETFLIX/ Wyatt Earp & The Cowboy War Season One / Episode 5 & 6
 1-3 ■ Rummikub @ The Merion
 2:30 ■ Art Alive Programming w/ D. Levie "Musse d' Orsay Part 2"
 7:30 ■ Saturday Night Movie: Practical Magic

12 YOM KIPPUR
 10-12 ■ Billiards @ The Merion
 11:00 ■ Bingo & Prizes w/ Mary
 11:00 ■ Balance Booster Fitness DVD
 12:30 ■ Afternoon Movie: Shine
 1-3 ■ Rummikub @ The Merion
 4:30 ■ High Holiday Services/ Yom Kippur & Yizkor w/ Rabbi Barry Axler
 7:30 ■ Saturday Night Movie: YENTL

19
 10-12 ■ Billiards @ The Merion
 11:00 ■ Bingo & Prizes w/ Mary
 11:00 ■ Balance Booster Fitness DVD
 12:30 ■ PRIME / The Best of Flip Wilson Season One / Episode 1, 2, 3, & 4
 1-3 ■ Rummikub @ The Merion
 3:00 ■ Merion Field Trip: The Black Ensemble Theatre Blue Eyed Soul / Sung By Brown Eyed People
 7:30 ■ Saturday Night Movie: The Shining

26
 10-12 ■ Billiards @ The Merion
 11:00 ■ Bingo & Prizes w/ Mary
 11:00 ■ Balance Booster Fitness DVD
 12:30 ■ PRIME / The Best of Flip Wilson Season One/ Episode 5, 6, 7, & 8
 1-3 ■ Rummikub @ The Merion
 2-4 ■ City of Evanston: Trick or Treat Stroll
 2:30 ■ Music Appreciation Lecture w/ Kurt "The Advent of Rock & Roll"
 7:30 ■ Saturday Night Movie: MISERY

